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# Tourette Syndrome Passport



# Information about me

**My tics:**

**Things that help my tics:**

**Medication:**

**Things that make my tics worse:**

**Notes:**

**Signed by:** \_\_\_\_\_

**Relationship:** \_\_\_\_\_

# What is Tourette Syndrome?

**Tourette Syndrome is a medical condition characterised by motor and vocal tics - involuntary movements and noises.**

Other symptoms - all involuntary - may include:

- The use of obscene or socially inappropriate words or gestures
- Imitation of other people's speech or gestures
- The compulsion to touch people or things
- Other disorders often associated with TS include Attention Deficit Disorder (with or without hyperactivity), Obsessive Compulsive Behaviours, anxiety, problem behaviours (aggression, rage, etc).

## **In case of accident or medical treatment**

This person may be on medication, which could include one or more of the following: typical or atypical neuroleptics, tricyclic antidepressants, SSRIs, clonidine, stimulants (e.g. methylphenidate, atomoxetine).

**Tourettes**   
*action*

**Helpdesk: 0300 777 8427**  
**[www.tourettes-action.org.uk](http://www.tourettes-action.org.uk)**



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