

Make a donation

- I enclose a cheque/postal order made out to Tourettes Action.
- I would like to make an annual donation by standing order.

Set up a standing order

To the manager

Bank/building society

Address

Postcode

Bank, please use this reference number
(office use only)

Please pay to the credit of Tourettes Action at Barclays Bank plc,
Ryde, Isle of Wight. Account no. 90538221 Sort code 20-60-55

Total sum of every year starting on
date* until further notice.

* Must be at least three weeks from now.

Name(s) of account holder(s)

Account number

Sort code

Signed

Date

Please return the completed form to Tourettes Action, The Meads Business Centre, 19 Kingsmead, Farnborough, GU14 7SR.

Our vision is a world where people with Tourette Syndrome receive the practical support and social acceptance they need to help them live their lives to the full.

Contact us

Call our Helpdesk to speak to us between 9am and 5pm, Monday to Friday on **0300 777 8427**.

Email us at help@tourettes-action.org.uk

Write to us at:

Tourettes Action
The Meads Business Centre
19 Kingsmead
Farnborough
Hampshire
GU14 7SR

We are a registered charity, no 1003317. We are also a company registered in England and Wales, no 2613993.

Registered office, The Meads Business Centre, 19 Kingsmead, Farnborough, Hampshire, GU14 7SR.

Tourette Syndrome (UK) Association, trading as Tourettes Action.

Tourettes
action

Support Tourettes Action



Tourettes Action is a charity that works to improve the lives of people with Tourette Syndrome and their families.

We provide information, support and advocacy for people with Tourette Syndrome (TS). Our work also includes educating people about the condition to help combat stigma.

Here are just some of the ways we support people with TS and their families:

- A dedicated **Helpdesk** that offers advice and guidance about TS;
- Regional **support groups** that meet regularly for people to share experiences and make new friends;
- An **online forum** where people can chat and share experiences of living with TS;
- TS **identity cards** to help people explain their condition.

How your donations help

We suggest an annual donation of £20 to support our work, but however much you are able to give you will help us provide support and information to people with TS and their families. The following are examples of how your donation can help.

- **£250** allows us to visit a school to support parents and teachers.
- **£130** enables us to run the Helpdesk for one day.
- **£100** covers the costs of a support group meeting.
- **£10** provides an information pack for somebody newly diagnosed with TS.

The different ways to donate

It's easy to make a donation to Tourettes Action and there are many different ways:

- **Standing order** - use the form opposite to set up an annual donation by standing order.
- **Cheque** - please send the form opposite along with a cheque made payable to Tourettes Action.
- **Online** - you can make one-off and annual donations by credit or debit card on our website using our secure and fast payment system at www.tourettes-action.org.uk/donate.
- **BACS** - make a donation directly into our account. Please remember to include a reference so we know who the donation is from. Call us for our bank account details.
- **Over the phone** - call us to make a credit or debit card payment over the phone.
- **Text** - text a donation via Just Giving. Text the message: TATA00 and the amount you want to donate, e.g. £10, to this number: 70070. You will then receive a text message receipt, and the chance to add Gift Aid.



Sign up to support Tourettes Action



Title
First name
Last name
Address
Postcode
Telephone
Email*

*Your email will help us to contact you with information about our events and services. You can unsubscribe from email alerts at anytime.

Gift Aid your donation

If you are a UK tax payer, you can use Gift Aid to make your donations go further by completing this declaration. For every pound you give us, we receive another 25 pence. You only have to make your Tourettes Action Gift Aid Declaration once. Then we can use it for every gift you make, and claim the tax back on all your donations.

I confirm I have paid or will pay an amount of Income Tax and/ or Capital Gains Tax for the current year (6 April to 5 April) that is at least equal to the amount of tax that all the charities and Community Amateur Sports Clubs (CASCS) that I donate to will reclaim on my gifts for the current tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I have given.

Signed	Date
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