

## Make a donation

- I enclose a cheque/postal order made out to Tourettes Action.
- I would like to make a monthly/annual\* donation by standing order.

### Set up a standing order

To the manager

Bank/building society:

Address:

Postcode:

Bank, please use this reference number:

(office use only)

Please pay to the credit of Tourettes Action at Barclays Bank plc, Ryde, Isle of Wight: account no. 90538221, sort code 20-60-55.

Total sum of: £ every month/year\* starting on  
(insert date)\*\* until further notice.

Name(s) of account holder(s):

Account no.:

Sort code:

Signed:

Date:

### Please return the completed form to:

Tourettes Action, The Meads Business Centre, 19 Kingsmead, Farnborough, GU14 7SR.

\*delete appropriately

\*\*must be at least three weeks from now

## About Tourettes Action

Our vision is a world where people with Tourette Syndrome (TS) receive the practical support and social acceptance they need to help them live their lives to the full.

We help people with TS to be included in education, at work and in society, throughout their lives. We also support research to improve their quality of life.

Contact us to request an information pack, with a list of doctors in the UK familiar with TS.

## Contact us



**Call our Helpdesk** to speak to us between 9am and 5pm, Monday to Friday on 0300 777 8427



**E-mail us** at [help@tourettes-action.org.uk](mailto:help@tourettes-action.org.uk)



**Write to us** at our registered office:

Tourettes Action  
The Meads Business Centre  
19 Kingsmead  
Farnborough  
Hampshire  
GU14 7SR

We are a registered charity, no. 1003317. We are also a company registered in England and Wales, no. 2613993.

Tourette Syndrome (UK) Association,  
trading as Tourettes Action.

# SUPPORT TOURETTES ACTION



*Tourettes Action is a charity that works to improve the lives of people with Tourette Syndrome and their families.*

We provide information, support and advocacy for people with Tourette Syndrome (TS). Our work also includes educating people about the condition to help combat stigma.

Here are just some of the ways we support people with TS and their families:

- ★ A dedicated **Helpdesk** that offers advice and guidance about TS
- ★ **National Befriending Service** which offers supportive relationships through volunteer befrienders
- ★ Regional **support groups** that meet regularly for people to share experiences and make new friends
- ★ An **online forum** where people can chat and share experiences of living with TS
- ★ TS **identity cards** to help people explain their condition.

## How your donations help

We suggest an annual donation of **£20** to support our work, but however much you are able to give you will help us provide support and information to people with TS and their families. The following are examples of how your donation can help.

- ★ **£250** allows us to visit a school to support parents and teachers.
- ★ **£130** enables us to run the Helpdesk for one day.
- ★ **£100** covers the training costs of new befrienders.
- ★ **£10** provides an information pack for somebody newly diagnosed with TS.



## The different ways to donate

It's easy to make a donation to Tourettes Action and there are many different ways:

- ★ **Online** – you can make one-off or regular donations by credit or debit card on our website using our secure and fast payment system at [www.tourettes-action.org.uk/47-donate](http://www.tourettes-action.org.uk/47-donate).
- ★ **Standing order** – use the form opposite to set up a monthly or annual donation by standing order.
- ★ **BACS** – make a donation directly into our account. Please remember to include a reference so we know who the donation is from. Call us for our bank account details.
- ★ **Cheque** – please send the form opposite along with a cheque made payable to Tourettes Action.
- ★ **Over the phone** – call us to make a credit or debit card payment over the phone.
- ★ **Text** – text a donation via Just Giving. Text the message: TATA00 and the amount you want to donate, e.g. £10, to the number 70070. You will then receive a text message receipt and the chance to add Gift Aid.

## Sign up to support Tourettes Action

Title: \_\_\_\_\_

First name: \_\_\_\_\_

Last name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Postcode: \_\_\_\_\_

Telephone: \_\_\_\_\_

E-mail:\* \_\_\_\_\_

\* Your e-mail will help us to contact you with information about our events and services. You can unsubscribe from e-mail alerts at anytime.

*giftaid it* Are you a UK taxpayer? If so, you can use Gift Aid to make your donations (and eligible membership fees) go further by completing this declaration. If you Gift Aid your donation, the charity will continue to receive an additional 25p. Charities can claim Gift Aid tax relief of 25p on every pound you give.

I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for the current year (6 April to 5 April) that is at least equal to the amount of tax that all the charities and Community Amateur Sports Clubs (CASCS) that I donate to will reclaim on my gifts for the current tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I have given.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

