

# Tourettes action

This card is issued by  
Tourettes Action to help people  
understand the symptoms of  
Tourette Syndrome.

Helpdesk: 0300 777 8457  
help@tourettes-action.org.uk  
www.tourettes-action.org.uk  
Registered charity no.: 1003317

Tourette Syndrome  
can cause coughing  
and sneezing tics  
which are not an  
indicator  
of Covid-19,  
but are a  
symptom  
of having  
TS.

FOLD  
LINE

**Tourette Syndrome (TS)** is a medical condition characterised by motor and vocal tics – involuntary movement and noises. It may make people appear to behave in a bizarre, challenging and even objectionable way. Although some people with TS may be able to suppress these tics for a while, they will eventually have to release them. Symptoms – all involuntary – may include:

- ✱ The use of obscene or socially inappropriate words or gestures
- ✱ Imitation of other people's speech or gestures
- ✱ The compulsion to touch people or things

Other disorders often associated with TS include Attention Deficit Disorder (with or without hyperactivity), Obsessive Compulsive Behaviours and problem behaviours (aggression, rage, etc.).

**In case of accident or medical treatment**  
This person may be on medication which could include one or more of the following: typical or atypical neuroleptics, tricyclic antidepressants, SSRIs, clonidine, stimulants (e.g. methylphenidate, atomoxetine).

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