

## WHAT IS TOURETTE SYNDROME?



www.tourettes-action.org.uk



## **Tourette Syndrome...**

- ★ Is a complex, genetically determined neurological condition
- Is a combination of involuntary motor and vocal tics that have been present for at least 1 year
- ★ Typically starts around 6/7 years of age and tends to peak in early adolescence
- Is a widely misunderstood and stereotyped condition, historically associated with, or defined by, swearing and socially innaproprite behaviour
- Although it is true that 'coprolalia' (the clinical term for involuntary swearing) is a symptom of TS, it does not affect everyone with the condition and is NOT a criteria for diagnosis
- ★ Is a condition which has a wide spectrum and affects people across the lifespan
- People with TS commonly experience co-occurring conditions such as OCD, ADHD and anxiety
- Referral to specialist neurologists for confirmation of diagnosis and management of TS is recommended
- Management of tics include behavioural therapy for tics and medication

## Dive chat on our website

- www.tourettes-action.org.uk
- @ help@tourettes-action.org.uk

Registered charity number: 1003317