REGISTERED COMPANY NUMBER: 02613993 (England and Wales)
REGISTERED CHARITY NUMBER: 1003317

TOURETTE SYNDROME (UK) ASSOCIATION TRADING AS TOURETTES ACTION

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

Shaw Gibbs Limited
Wey Court West
Union Road
Farnham
Surrey
GU9 7PT

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

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for the year ended 31 March 2025

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REPORT OF THE TRUSTEES
for the year ended 31 March 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Tourette Syndrome (UK) Association trading as Tourettes Action is a charity formed in 1981 to provide support to people living with the neurological disorder known as Gilles de la Tourette Syndrome and their families and operates as Tourettes Action.

The Charity was incorporated in 1991.The head office of the charity is in Farnborough, with staff located throughout the UK, providing support to people throughout England, Wales and Northern Ireland. Tourettes Action (TA) also has links with other Tourette Syndrome Societies throughout the UK, Europe, the United States and Canada.

OBJECTIVES AND ACTIVITIES

Our Vision

We envision a world where people with Gilles de la Tourette syndrome are accepted, supported, and embraced and a world that removes barriers and empowers individuals with the condition to reach their full potential.

Understanding Gilles de la Tourette syndrome

Gilles de la Tourette syndrome, known more commonly as Tourette syndrome (TS or Tourette's) is a complex, lifelong neurological condition that typically begins between the ages of 4 and 7, often peaking in early adolescence. It is genetically determined and characterised primarily by tics, which are involuntary movements or sounds.

Many individuals with TS also experience co-occurring conditions such as ADHD, OCD, autism spectrum disorder, anxiety, depression, sensory processing differences, and challenges with executive functioning (e.g., planning, organisation, decision-making).

While symptoms may lessen for around half of adults after adolescence, Tourette syndrome is a life-long condition and tics will wax and wane (come and go) throughout their lifetime.

Despite affecting approximately 1% of school-aged children, with over 300,000 children and adults in the UK needing support for the condition, Tourette syndrome still remains widely misunderstood. Misconceptions, especially around involuntary swearing (coprolalia), contribute to stigma, trivialisation and unwanted humour. These symptoms affect only 10-30% of people with TS and are not part of the diagnostic criteria. It is important to recognise that those who experience these symptoms, often find them deeply distressing and difficult to manage.

Individuals with Tourette syndrome can also experience tics that present challenges, including embarrassment, pain, injury and physical limitations, depending on their severity. This is compounded by limited public understanding and inadequate NHS support services, often leading to barriers in education, employment, and social exclusion. Some individuals also face bullying, isolation and mental health challenges because of their tics. Sadly, research indicates that individuals with TS are four times more likely to die by suicide in adulthood compared to the general population.

There is no cure for TS. Treatments range from psychological therapies to medication and Botox and, in rare cases, neurosurgery in the form of Deep Brain Stimulation. Comprehensive Behavioural Intervention for Tics (CBiT) is a promising psychological treatment, but, sadly, it is not widely available across the UK. Many individuals have no access to local treatment options, something the charity is actively campaigning to change. NICE recently completed an early value assessment looking at digital therapy for chronic tic disorders and Tourette syndrome that looked into recommending two digital therapies: ORBIT and Neupulse, more info here. This work may potentially improve access to services.

Despite our efforts to raise awareness, Tourette syndrome is still frequently perceived as humorous or insignificant. In reality, it can have a profound impact on the quality of life of the person living with Tourette syndrome and their family. The combination of neurological complexity, stigma, and lack of services highlights the urgent need for greater understanding, compassion, and support.

About Tourettes Action

Tourettes Action is the UK's only national charity dedicated to supporting individuals with Tourette syndrome and their families. All our staff, volunteers and supporters are engaged and energised in driving forward our mission. Everything we do is grounded in our community's needs and informed by both the voices of our community and scientific and research-based evidence.

Our Mission

- We will support and empower people living with Tourette syndrome, and their loved ones, through comprehensive advice and support.
- We will campaign to improve services, raise awareness and understanding of Tourette syndrome, whilst stamping out the stigma associated with it.
- We will assist and promote essential research into Tourette syndrome.

Strategic Goals

Our five strategic goals were shaped by surveys within the Tourette's community, which identified a lack of awareness across all parts of society as the most significant barrier to progress.

1. **To raise awareness of Tourette syndrome and reduce the stigma associated with it**:

Objective: *Increase public awareness and understanding about the reality of Tourette's, and what it means to live with it.*

Activities:
- Delivering nationwide awareness campaigns reflecting our community voice.
- Sharing accurate information that is not only based on lived experience but also on recent scientific and research-based evidence about Tourette syndrome, through various media.
- Conducting educational training and workshops for parents, schools, workplaces, and healthcare professionals.

2. **To reduce health inequalities for people living with Tourette syndrome**:

Objective: *Campaign so that everyone with Tourette syndrome can have access to an appropriate NHS healthcare provision, regardless of their location, ethical or cultural background or social status.*

Activities:
- Supporting community-led lobbying and parliamentary engagement.
- Participating in coalitions and steering groups to advocate for improved services.
- Ensuring representation of community voices in health policy discussions.

3. **To ensure that no-one with Tourette syndrome feels alone**:

Objective: *Build a network of support for people with Tourette syndrome and their families, ensuring that no one living with, or affected by the condition, feels alone.*

Activities:
- Facilitating online and in-person support groups.
- Organising residential events for families, teenagers, and adults with TS.
- Providing personalised assistance through our helpdesk.

4. **To enable people with Tourette syndrome to thrive**:

Objective: *Provide accessible support, advice and training, to individuals and their families, and professionals, helping people living with the condition to flourish at home, in education and in employment*

Activities:
- Developing and distributing resource guides and factsheets online.
- Advocating for those with Tourette syndrome in educational and workplace settings.
- Hosting online and in-person seminars featuring expert advice.

5. **To support research into Tourette syndrome:**

Objective: *Promote and assist research into the causes, treatments, and impact of Tourette syndrome, with a view to improving the lives of people with the condition.*

Activities:
- Collaborating with researchers and shared community insights.
- Developing community-defined research priorities.
- Disseminating research findings in accessible formats

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Since 1981 Tourettes Action's main aim has been to support people living with or waiting for a diagnosis for Tourette syndrome. Despite working to reduce the stigma surrounding TS, those living with the condition are aware that it is still one of the most stigmatised and misunderstood of all the neurological conditions, bringing distress to those with the condition as well as their family and friends. In all that we do, we aim to increase awareness and bring about acceptance for those living with TS, hoping to one day eradicate this stigma and bring true acceptance to those living with it.

Over the past 12 months, we have seen continued growth in engagement and visibility. We are proud of our achievements, which range from providing direct support to individuals and families, to campaigning for improved services and greater public awareness of TS.

Our reach has expanded significantly, with our message resonating across a broader audience, including educators, healthcare professionals, employers, public services, and customer-facing industries. This increased visibility ensures that the voices of those with TS are being heard and their needs better understood.

All of our activities are carried out in accordance with the Charity Commission’s guidance on public benefit, and are designed to ensure that we continue to operate for the benefit of the public.

Goal 1: To raise awareness of Tourette syndrome and reduce the stigma associated with it:

Nationwide Awareness Campaign

For the third year running, we embarked on a major campaign during Tourette’s Awareness Month, which ran from 15th May to 15th June. We used an external agency to manage the campaign creation, marketing and advertising. The campaign was called #TourettesHurts and its aim was to highlight the impact Tourette’s can have on those with the condition and those around them. The campaign wasn’t just about raising awareness of Tourette’s it was about challenging misconceptions.

The campaign was informed by the views of members of the community who wanted a campaign which would help people understand the truth of the condition – and just how painful it can be both from a physical and emotional aspect. They wanted to showcase the realities of the condition but to also show that with the right support, and the understanding of the general public, the condition would be that little bit easier to live with.

This project involved designing 5 poster themes and recruiting 5 members of the TS community to appear in the posters. Each of the posters shared a different message about why #TourettesHurts: Exhaustion, Physical Pain, Lack of Medical Provision, Suppression, Social Exclusion.

The powerful poster campaign captured the imagination of the UK public. It was built from compelling headlines and visuals, whilst shining a light on real members of the Tourette’s community.

The idea was to dramatize the pain of daily tics by quantifying it with bold language that everyone could understand.
We landed on headlines such as:

- “My Skin catches fire every day”
- “I’m in a car crash every day”
- “I get beaten to a pulp every day”

We photographed the members and put the headlines at an angle, as if colliding with the person, amplifying the sense of discomfort.

The campaign content could not be ignored. The dark backgrounds and angled lighting added drama that threw the real expressions of pain very much into the spotlight. It challenged misconceptions and led to greater understanding of the condition that is, sadly, very much mocked and misunderstood. It gave a voice to people for whom medical provisions and research is lacking, who are ignored, mocked and often isolated. It’s changed preconceptions, and in doing so, it brought about empathy and understanding to those with the condition.

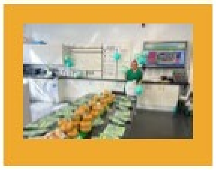
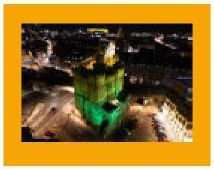
The campaign reached over 2 million views through paid ads in 82 London train stations during Tourette’s Awareness Month. During this time, we also successfully secured significant free advertising space across 89 high-traffic locations, including: Piccadilly Circus, Westfield London, Nelson Street Glasgow, Bond Street Leeds, Snowhill Birmingham, Westminster Towers, Chiswick Towers, Liverpool Towers, Manchester Trinity Way and 76 cinemas throughout the UK.

We further amplified our message with a video featuring community members and 8 celebrities (Eddie Marsan, Aidy Smith, Daniel Mays, Omid Djalili, Matt Lucas, Sally Hawkins, David Morrissey, Izzy Judd) who each read lines from the poster messaging. The video was viewed over 221,000 times during the campaign.

It can be viewed here: https://www.youtube.com/watch?v=_Y8KOC863bs

The campaign was picked up by 12 media outlets, including BBC National News and BBC Breakfast.

During the awareness month we saw a huge amount of engagement from the community, with lots of people supporting us in getting the message out there:

Over 750 service users joined us in raising awareness	Our awareness video was played over 221,000 times	Lots of awareness sessions held in schools and businesses	The campaign was featured on BBC news & BBC this morning	57 buildings turned green on awareness day to show support	Our posters were advertised in 175 high footfall locations
					

During awareness month our website saw nearly 13,000 visitors, and social engagement peaked at 1.1 million — far surpassing typical months.

Media
As the voice of the charity has got louder over the years, we have found that we have been able to reach new people and also gain the interest of celebrities. This year saw us recruit our first celebrity patron to the charity, Eddie Marsan. Eddie has a son with Tourette syndrome, which made his connection even more fitting. Latest news on TS - New Charity Patron

Eddie's recruitment as a patron coincided with this year's awareness campaign, which then led to multiple TV broadcasts, further enhancing our message.

Website
Our website continues to be a major source of information for people and we continue to update the site and improve the content on a regular basis. Almost 64,000 people visited our website during this period. It is continually cited as the main source of reliable information about TS and its associated conditions. We strive constantly to ensure that information is up to date and, although we don't give medical advice, we ensure that the options which might be offered at a clinic visit are fully explained. All of the information is freely downloadable and we continue to believe that this access to information is vital. The website also provides an important platform for the TS community by way of a Blog page, where people can share their personal stories, giving inspiration to those on a similar journey. We regularly receive feedback that our website has been "a one stop shop" and has provided individuals with valuable information about the condition and has very often been the only form of information they have received. Our factsheets provide research-based facts on all areas of the condition, very often giving the community the answers they need.

eLearning
Our free CPD eLearning module, called Understanding Tourette syndrome, continues to be widely used and this financial year it was completed by over 2,000 individuals, many of those being in the education and health sectors. Our eLearning module is also the only Tourette syndrome module on the NHS Learning Hub and we are pleased to be featured on many Local Authority learning management systems in both English and Welsh, enabling us to further spread the message.

Socials
We continue to promote our website content, along with research news, fundraising campaigns, events, webinars and training through our social media platforms and our monthly newsletter. As of March 2025, we had almost 11,000 newsletter subscribers, a 20% increase over the prior year. During this period, we maintained our focus on our social media channels, which led to an increase in followers and engagement across all platforms. We saw an increase of just over 2,500 followers across our social platforms, with the biggest increase on Instagram and LinkedIn.

Training

This financial year, we hosted 2 workshop events: a day-long workshop in Haywards Heath for parents and carers of children with TS and a multi-day workshop in Birmingham for both health, social care and education staff, as well as parents and carers. The workshops aimed to equip the attendees with the knowledge to better support those with TS at home and in the educational and healthcare settings, giving them a thorough understanding on how TS affects those with the condition and the hidden barriers they face daily. In total, 65 individuals attended the events with 100% of attendees saying they would implement new strategies learnt from the workshop.

We have continued to provide individualised training sessions via Zoom during this financial year as the need for this has remained high. This year we delivered 97 sessions with over 7,500 attendees being present over the sessions. Training sessions were delivered to 9 community groups, 15 corporate organisations, 13 Health and Social Care teams and 60 educational establishments.

Goal 2: To reduce health inequalities for people living with Tourette syndrome

The challenges in accessing a timely diagnosis and subsequent care and treatment continue to persist. As a result, advocating for improvements in healthcare has been one of the charity's primary focuses this financial year.

NICE

We've made significant strides in our campaign for health service improvements, with one of the most notable advancements being our involvement with the NICE Committee, which began in 2023.

Our work with the NICE committee continued this year as we worked with them on the *NICE Early Value Assessment: Digital therapy for chronic tic disorders and Tourette syndrome*. Our CEO, along with two Tourettes Action board members, served on the specialist committee, ensuring that the lived experiences and voices of the TS community were central to the process.

As part of this work, our CEO worked with NICE to design and distribute a community-wide survey to better understand the challenges faced in accessing healthcare. The results were both revealing and concerning:

- 1508 people completed the survey
- 63% waited over 1 year for a diagnostic assessment
- 23% waited more than 3 years
- A staggering 13% waited over 5 years
- Over 60% had never been offered any treatment
- Only 17% were offered face-to-face behavioural therapy, despite it being the recommended first-line intervention
- 77% reported pain as a major issue, yet only 3% were offered pain management
- Of those offered CBiT, 31% are still waiting over 1 year for their initial appointment
- Nearly 32% were never assessed for co-occurring conditions, despite research showing these are common in TS

These findings underscore the urgent need for systemic change. Many respondents reported stark regional disparities in access to medical support, highlighting inconsistencies across the country.

To further amplify these concerns, we submitted a comprehensive response to the NHS 10-Year Change Plan and formally proposed a new topic to NICE: *the development of clinical guidelines for the diagnosis and management of Tourette syndrome.*

Clinical Understanding and Interest

We frequently hear from our service users that medical professionals often lack understanding, with outdated views, like the belief that "You can't have Tourette's if you don't swear," still being common. We're committed to challenging these misconceptions and, in doing so, hopefully sparking greater awareness and interest in the condition.

This year we expanded our eLearning offering, creating a new module specifically for GPs. It was created in the hope that we could educate GPs on the condition, removing many of the outdated views, which can often hinder referral and diagnosis, causing delays for many years. We are grateful to Dr Kate Szymankiewicz for giving her time to help create this.

In November, our CEO was invited to present at the National Psychiatry and Intellectual Disability Conference, where she discussed the lack of nationwide provisions for individuals with Tourette syndrome. Clinicians in attendance were keen to learn more about the condition and explore ways to improve access to support across the UK.

Advocacy
This year, we have continued to support the community in advocating for change by encouraging them to reach out to their Members of Parliament. As a result, 95 individuals used our templates to contact their MPs, leading to the submission of 7 questions in Parliament aimed at addressing these issues.

As the voice of the community grows stronger and more MPs become involved, commissioners are increasingly compelled to take action, leading many to consider implementing Tourette's services and pathways at the local level. We have collaborated with several Integrated Care Boards (ICBs) as they explore the establishment of pathways, advising on current best practice.

This year we have continued to be an active participant in a number of pressure and advocacy groups to broaden our impact and influence including the Nottingham Tourette's Steering Group, Neurodevelopmental Conditions Ministerial Advisory Group in Wales and the Neurological Alliance.

The Nottingham Tourette's steering group is a group of academics, healthcare and educational professionals, charity representatives, and lived experience advocates, who are committed to improving access to services and support for children, young people and adults with Tourette syndrome.

The NDMAG (Neurodevelopmental Conditions Ministerial Advisory Group) is a group in Wales whose aim is to assist Welsh Ministers with the direction, implementation and future evaluation of their neurodevelopmental service improvement programme. The group will assess emerging policies, strategies and legislation for their impact on neurodivergent people, their families and carers.

Being an active member of these groups ensures that the voices of the TS community are counted and recognised.

The Nottingham Steering Group started their NIHR (National Institute for Health and Care Research) funded project, in November 2023, and this project continued throughout this financial year. The aim of the project is to develop a recommended service model for children and young people with tics. Oue CEO managed the Patient and Public Involvement arm of this research project, ensuring that the patient voice is front and foremost and instrumental in the final model.

In April 2024 our CEO was invited to parliament, along with other charity representatives and advocates to hear the reading of Matt Hancock's "Neurodivergent Conditions Screening Bill". She highlighted that early diagnosis is good, but it is imperative that treatment pathways are in place to support these children once a diagnosis is made.

In previous years, Tourette syndrome was very much the *'forgotten'* neuro condition but we are increasingly being offered a seat at the table, which we believe is due to campaigning from both the charity and our service users.

Goal 3: To ensure that no-one with Tourette syndrome feels alone:

Helpdesk
Our helpdesk remains our main method of personal one to one support, offering guidance and signposting to people with TS and those supporting them. This financial year we saw a notable increase in the complexity of queries received. Many people told us they felt we were their only source of hope – having spent years seeking a diagnosis or having been discharged from medical services without ongoing support.

Demand for our Helpdesk services continues to grow year on year. During this financial period, we responded to over 4,600 individual queries via email, social media platforms, phone, and LiveChat.

The Helpdesk is run by 2 members of Tourettes Action staff and supported by a dedicated group of volunteers. We are deeply grateful to our volunteers for their time, compassion, and invaluable contributions.

Residential Events
In 2024 we delivered 8 'Fest' events, to support people with TS and their families.

Of all the events we run, these provide the greatest positive impact on participant's lives. They create an environment where participants feel safe, accepted, and empowered to have fun, form meaningful friendships, and take on exciting physical challenges alongside more tranquil activities and impactful psychosocial education. While the concept is simple, the impact is profound. For many, it's one of the rare opportunities to truly belong, to feel like part of the group, not an outsider. Participants are encouraged to be themselves, connect with others in similar situations, and experience a sense of freedom and belonging.

We delivered our usual TICfest, TEENfest and AdultFest weekends and for the second year running we delivered a 1-day TicFete event to allow families who hadn't been able to access a weekend fest event the chance to meet up. The following events ran last year:

- 5 TICfests
    - Residential weekends for children with Tourette syndrome and family members. These were held in Somerset, Derbyshire, Newcastle, South Wales and Norfolk and were attended by 421 people.
- 1 TEENfest
    - Residential weekend for teens with Tourette syndrome. This was held in Dorset and we accommodated 20 teens.
- 1 Adult Weekend
    - Hosted in the Midlands, which was attended by 69 adults with Tourette syndrome.
- 1 One-day TIC-fete
    - Delivered in November in Watford, enabling anyone from the Tourette's community to come together for a day to learn and share, feel accepted and part of a wider community. This proved very popular with over 200 attendees.

The feedback we receive shows how essential these events are for our community.
"I was blown away with what an experience TICfest was for our whole family. We came with my daughter and her 2 younger brothers and even for them it was a fantastic weekend. My daughter has never had an opportunity before this event to meet other children with Tourette's and similar struggles to her. This weekend made us feel like we had our daughter back, we haven't seen or heard her laugh and smile like she did at this weekend for a long time. The staff are all amazing and we were made to feel welcome from the moment we arrived. Her confidence was sky high after the event, she made new friends who she has kept in contact with. From this event we will have lifelong memories of us being able to enjoy family time and having fun without any worries. This is not something we regularly get to do now." TICfest parent.

87% of children attending the TICfest events state they felt happier and less anxious as they experienced what it is like to be accepted and that they are not the only ones to have Tourette's. 84% stated that their confidence has increased since attending and they now felt more able to talk and explain to people about their condition and will have a better understanding of it themselves. 89% said they were able to make friends with people who understand them, helping them to feel less isolated and alone.

Support Groups
The need for our online groups has remained high this financial year and as such we continued to support our service users providing a regular online support offering.

A wide range of online groups were held during this period. We had groups for teens with TS, adults with TS, parents of children with TS, and groups specifically for dads and male role models of those with TS, along with family groups. We facilitated 147 online groups with 671 attendees during this period, with many people reattending weekly for support and fellowship.

91% of people who attended the online groups said that since attending the group they felt more supported and less on their own, 88% said they felt part of a community and 84.5% said the group had given them and their family a network of support that they can now call on for support to help them cope in challenging times.

This year we have put substantial effort into growing our national network of face-to-face support groups that are facilitated by a wonderful group of dedicated volunteers. These groups make a significant positive impact on the Tourette syndrome community. Having these support groups creates a platform for individuals with TS, their families, and caregivers to connect, share experiences, offer mutual support, and foster a sense of belonging and understanding. There are 8 established face-to-face support groups around the country, each meeting on a monthly basis to support the TS community.

89% of people attending the face-to-face groups said that since attending the group they felt more supported and less alone, 78% said they felt more confident about their future than before they joined the group and 89% said they felt the group had given them and their family a network of support that they can now call on for support to help them cope in challenging times.

During this period, we facilitated seven music workshops at our face-to-face support groups, funded 5 Christmas parties and 4 activity sessions in the Spring. These sessions ranged from beatboxing, animal therapy, laser tag and wild science. Feedback from the group members was positive, feeling these activities give them the chance to bond as a team.

Goal 4: To enable people with Tourette syndrome to thrive:

Educational and Workplace Support and Advocacy
The need for information and support for students in school is as high as ever. Our Education Manager has spent many hours helping teachers and parents to support children struggling within education. During this period, we responded to over 900 enquiries from schools and 829 parents' enquiries regarding support around education and how best to support those with TS in the education environment.

This period we continued to receive requests for support around TS and reasonable adjustments from children's homes, community centres, wellbeing centres, social services, sports clubs and behaviour support units.

We have had more requests this year to support our Adults with TS in the workplace. During this period, we had 119 enquiries from employers wanting to understand how they can better support their workforce. We also held 50 advocacy sessions with adults with TS discussing access to work, support in the workplace, and disability and access rights, ultimately providing them with the tools to advocate for themselves in the working world. This was a 66% increase from the previous financial year

Supporting Documents
Our Tourette's ID cards are still very popular; we issued 94 this financial year. Users often tell us that the cards give them confidence to go out and travel alone – the card can explain their condition, when they are not able to.

We have had our TS passports for a number of years now, enabling people with TS to list their support needs. They are a great asset for those in education and the workplace. These were really popular this year with just over 1300 passports issued or downloaded.

Educational Seminars
We held 14 informative and educational webinars during this financial year, covering topics such as: Managing transition and change, The Neupulse Device, Autism in Girls, Educational Support, Employment and TS, Sleep, Managing Anxiety, Evidence Based Treatments, TS and FND, Anxiety and TS. These webinars were very popular and were attended by 413 people. 73% of people said they would implement new strategies learned from the webinar and 78% said they felt more informed about TS, its impact and tic management following the webinar. 71% felt more empowered and confident to seek support or make choices about their health or their family member's health following the webinar.

Factsheets
This period we also began work on expanding and updating our factsheet resources that are freely available on our website.

Small Support Grants
Due to the ongoing support of a very generous benefactor, we continue to be able to offer small grants for items, which help people to manage their TS. During this period we issued 6 grants for things such as a supporting bed and mattress, Rubik's Cubes, a tablet, a sofa bed, a shower rail and shower equipment, and a Polyphonic Analogue Synthesizer, all of which helped the individuals manage their symptoms of TS.

Goal 5: Supporting research into Tourette syndrome:

Our funded research support programme remains suspended for new applications due to lack of funding, but we continue to support and monitor progress on research projects previously committed. We do however support researchers with their studies, helping to promote and disseminate findings.

This financial year we noted a large increase of researchers studying Tourette syndrome and we supported 20 researchers in their studies, promoting their studies on our website and social media to engage participants, helping to provide insights into the lived experience of Tourette's. The promoted studies included:

- From Trauma to Tics: A Qualitative Exploration of Later-Onset Tourette's Syndrome in Adults
- Investigating the Experiences of Phonic Tics and Involuntary Vocalisation Behaviour in Adults with Tic Disorders
- How do animals benefit individuals with Tourette syndrome?
- Developmental characterization of explosive outbursts in youths with Tourette syndrome
- Are there benefits to using physiotherapeutic methods to decrease tic severity and pain levels for individuals with Tourette syndrome?
- The relationship between parental stress, stigma, resilience, and social support

- Optimising Therapy for Neurodivergent Adults: Reasonable Adjustments and Special interests and their interplay in therapy and quality of life
- Coping Strategies, Stress, and Sleep: Evaluating Their Relationships and Influence on Tic Severity in Children with Tourette Syndrome (TS)
- Exploring the EXPeriences of Accessing services and understanding Neurodevelopmental Disorders for ethnic minorities in England (EXPAND)
- Research for the Development of a Script dealing with Tourette Syndrome
- Functional Tic-Like Behaviours: Towards an Understanding of Young People's Experiences
- Self-stigma in Parents of Young People with Functional Neurological Disorders or Asthma.
- Professional's experiences of working with functional tic disorder
- Help improve access to healthcare for young people with neurodevelopmental disorders
- Designing an online intervention to improve GPs knowledge of tic disorders
- Lived Experience of TS - Exploring the success of pharmacological vs art-based intervention
- Sleep Traits in Tourette Syndrome
- Exploring the urge to tic in TS

There are several long-term projects we've supported that are now delivering exciting results:

- The wrist-worn device developed under the leadership of Professor Stephen Jackson, which provides an electrical stimulation that can have the effect of significantly reducing tics in the wearer, is now progressing toward market launch.
- ORBIT (Online Remote Behavioural Treatment for Tics), led by Professor Chris Hollis, is being developed into a scalable, patient-ready digital tool for delivery across the NHS.

Fundraising

This year, we were delighted to welcome two new charity partners, LSP and GS1UK. Their support has significantly strengthened our efforts to raise awareness of both the condition and the charity's mission.

Our incredible fundraisers once again showed unwavering commitment and energy. Highlights from this year's fundraising activities included participation in the London, Manchester, and Hamburg Marathons, the Bristol Half Marathon, Tough Mudder, the London Landmarks Half Marathon (LLHM), Move for Tourettes, Facebook birthday fundraisers, and our Tea for Tourette's events.

Despite a 10% drop in donations, amounting to nearly £20,000, likely due to the ongoing cost of living crisis, our fundraising efforts rose to the challenge. We saw an increase of £24,460 compared to previous years, helping to offset the shortfall. We believe this uplift in fundraising engagement is a direct result of our expanded awareness initiatives and the growing recognition of our cause.

During the year, we received grants and donations for just over £182,000 from a variety of trusts and funders including BBC Children in Need, The National Lottery Community Fund - RC England Wide, The National Lottery Community Fund - Awards for All England, the Angus Lawson Memorial Trust, D'Oyly Carte Charitable Trust, Marsh Charitable Trust, Forvis Mazars Foundation UK, De Brye Charitable Trust, Hospital Saturday Fund, RSA Match funding, Miller Homes, Florence Turner Trust and CHK Foundation.

This year for the first year we took part in The BIG Give Christmas Challenge, which enabled us to double our donations during 1 week in December. We raised just over £30,000 during this campaign, with funds raised going to the running of our Helpdesk.

Looking Back

As we reflect on the last 12 months, we know we have achieved a great deal from just "being there" to campaigning for improved services for people with Tourette syndrome and better understanding of the condition. We can see that we are making progress at reaching a wider audience, such as teachers, health professionals, employers, public services and customer-facing industries, and getting our voice heard.

We are very grateful to all of our regular donors and fundraisers who continue to support us with financial contributions, even during these times of economic pressures.

There is however still so much to do to achieve transformative clinical support providing help when needed, and without social stigma so that our community are truly able to live their lives to the full.

Looking Forward

Our 5 strategic goals - to enable people with Tourette syndrome to thrive, to raise awareness of Tourette syndrome and reduce the stigma associated with it, to reduce health inequalities for those living with Tourette syndrome, to ensure that no one with Tourette syndrome feels alone, to support research into Tourette syndrome - remain and will remain at the forefront of all that we do this coming financial year.

Awareness will be key, as will pushing for health service improvements.

We are hoping it will be a big year for the Tourette's community as it will see:

- The release of the I Swear film, which is based on the true life story of campaigner John Davidson MBE.
- Digital therapies such as ORBIT and the wearable device from Neupulse getting closer to delivery and release

FINANCIAL REVIEW

Reserves policy

During the year Unrestricted funds increased by £7,363 to £502,415. There was a decrease of £109,075 to £107,474 in Restricted funds.

We still continue to hold a minimum of at least six months expenditure in reserves as we continue to have a high reliance on the generous support of a small number of donors.

To ensure that we can provide continuity in meeting our strategic priorities, for at least the next 12 months, the Trustees have designated specific funding totally £160,000 to cover the following areas of expenditure in the short to medium term:

- Provision of helpdesk and support services for a 12-month period
- Support in education for children and young people with TS in schools, and supporting adults with TS in the workplace for a 12-month period
- Improvement to the website to facilitate better access to resources and information by service users, including a website upgrade, with associated IT infrastructure updates and improvements, which has been deferred from the 2023/24 financial year for operational reasons.
- A provision for follow on expenditure on any research projects already supported and funded by the charity.

Preparation of the accounts on a Going concern basis

The Trustees are confident that Tourettes Action has sufficient funding to enable it to undertake all of its activities over the next year and on that basis the charity is a going concern.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Tourettes Syndrome (UK) Association trading as Tourettes Action, ('the charity' or 'TA'), is a company limited by guarantee and as such is governed by its Memorandum and Articles. It was incorporated on 23 May 1991.

Trustee Board

The charity is governed by the Trustee Board, which sets the strategy of the charity, ensures compliance with its charitable objectives, approves the business plan and budget annually and monitors the ongoing operational and financial performance of the charity.

Trustees are appointed after a formal recruitment process, as vacancies arise, by vote of the full Trustee Board at the AGM. Trustees are appointed for a three-year term that may be renewed twice by approval of the Board.

Recruitment of trustees is carried out with an explicit view to optimising the balance of skills and experience available to the Board. In particular, the Board seeks to ensure it has representation from people living with TS and/or their families; people with a clinical or scientific interest and expertise in TS, as well as people with business, strategic, financial and other functional skills.

The Trustee Board meets at least four times annually.

Board Committees

The board maintains three sub-committees as described below.

Finance and General Purposes Committee (F&GP)

The F&GP is chaired by the Hon.Treasurer and meets ahead of Board meetings, and at other times, and operates a delegated mandate to assist the Chief Executive in preparing budgets; to monitor financial performance by detailed review of monthly management accounts; to assist the Chief Executive in arranging and facilitating the annual independent examination and preparation and publication of statutory accounts.

The F&GP also supports the work of the Chief Executive in a wide range of operational areas including, but not limited to, HR and staffing issues, premises, administration issues and oversight of the TA's operational risks.

Research Sub-Committee (RSC)

TA's annual research funding programme remained suspended this financial year due to an unforeseen downturn in funding and as yet has not been restarted. Proposals for funding of clinical, academic scientific or social scientific work towards the understanding, management and potential cure of TS are solicited annually. To assist the Trustee Board in determining which proposals should be funded by TA, the RSC, chaired by a trustee, operates a delegated mandate to make recommendations to the Trustee Board after evaluating proposals by peer review and by reference to an expert external committee of scientific advisors, the Science Advisory Board (SAB). The RSC meets at key stages of the funding round to ensure that research proposals are fully evaluated in time for the Board to allocate grants.

The RSC continues to monitor the ongoing performance and outcomes of the projects in which it has invested.

Safeguarding and Services Sub-Committee (S&S)

The S&S Committee is chaired by a trustee and oversees and monitor's TA's core service user facing provision. Trustee members include the Trustee Safeguarding Lead as well as other trustees with experience relevant to the committee's oversight responsibilities. The subcommittee is tasked with overseeing the quality and effectiveness of TA's services, ensuring that the scope of each activity remains appropriate and meets the needs of service users on an ongoing basis and that any new initiatives are established with appropriate checks and safeguards. The subcommittee is also responsible for overseeing approval, review, and compliance with all Safeguarding and related policies and monitoring Safeguarding issues on an ongoing basis. The subcommittee meets prior to quarterly Board meetings and on an ad-hoc basis if required.

Risk management

Risk management is a central responsibility of the Trustee Board.

TA adopts a structured formal approach to the identification and management of risk. A Risk Register is prepared by the CEO and reviewed, updated as necessary, and approved by the Trustee Board annually. It identifies TA's key areas of risk including: Governance, Operations, Finance, Funding, Management, Legal, and Reputation.

Each risk is assessed for Probability and Impact to produce a Gross Risk Score. Each risk is subject to mitigation and controls. The effect of mitigation and control is formally assessed and applied to the Gross Risk Score producing the Net Risk Position for each identified risk.

Advisers

In addition to the SAB (above), TA has established an external advisory panel, the TA Advisory Panel. This group (currently comprising six adults with TS) support the aims of TA and work in collaboration with the charity staff, trustees and subject experts to help TA evolve and meet the needs of our service users. Appointments to this advisory group will be made from time to time by the Chief Executive in consultation with the Board of Trustees.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
02613993 (England and Wales)

Registered Charity number
1003317

Registered office
The Meads Business Centre
19 Kingsmead
FARNBOROUGH
GU14 7SR

Trustees
A Bhandari (resigned 21.12.24)
Professor E Joyce
Dr E R Palmer
Dr J Stern (Honorary Medical Director)
I R Ayres (Treasurer)
G Barnett
A Pape
M Lewis (Chairman)
S Dhuashia
S White
F Peckitt
T Murphy

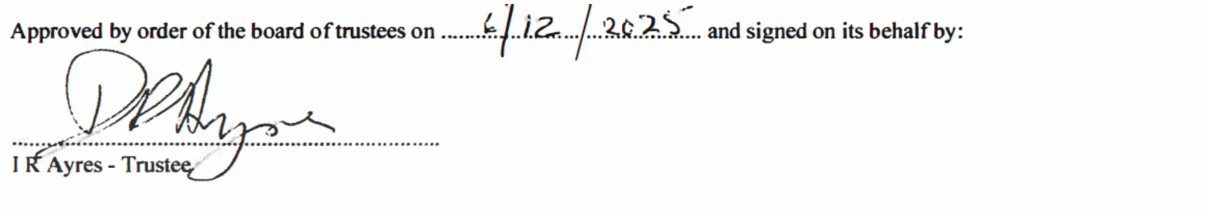
Company Secretary
E McNally

Independent Examiner
Shaw Gibbs Limited
Wey Court West
Union Road
Farnham
Surrey. GU9 7PT

Solicitors
Bates Welles & Braithwaite London LLP
2-6 Cannon Street
London. EC4M 6Y

Bankers
Barclays Bank plc
7-8 High Street
Ryde
Isle of Wight. PO33 2PN

Lloyds Bank PLC
120 Lewisham Street
London. SE13 6JG



Approved by order of the board of trustees on 6/12/2025 and signed on its behalf by:

I R Ayres - Trustee

I R Ayres - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TOURETTE SYNDROME (UK) ASSOCIATION TRADING AS TOURETTES ACTION

Independent examiner's report to the trustees of Tourette Syndrome (UK) Association Trading as Tourettes Action ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Lance Redman

Shaw Gibbs Limited
Wey Court West
Union Road
Farnham
Surrey
GU9 7PT

Date: ....

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	274,639	174,049	448,688	518,246
Other trading activities	3	98,623	31,292	129,915	105,485
Investment income	4	20,540	-	20,540	15,887
Total		393,802	205,341	599,143	639,618
EXPENDITURE ON					
Raising funds	5	33,945	3,388	37,333	35,260
Charitable activities	6				
Tourettes Support		352,494	311,028	663,522	587,967
Total		386,439	314,416	700,855	623,227
NET INCOME/(EXPENDITURE)		7,363	(109,075)	(101,712)	16,391
RECONCILIATION OF FUNDS					
Total funds brought forward		495,052	216,549	711,601	695,210
TOTAL FUNDS CARRIED FORWARD		502,415	107,474	609,889	711,601

The notes form part of these financial statements

BALANCE SHEET
31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	12	3,022	-	3,022	2,750
CURRENT ASSETS					
Stocks	13	11,145	-	11,145	13,560
Debtors	14	71,724	-	71,724	16,705
Cash at bank		463,941	107,474	571,415	742,676
		546,810	107,474	654,284	772,941
CREDITORS					
Amounts falling due within one year	15	(47,417)	-	(47,417)	(64,090)
NET CURRENT ASSETS		499,393	107,474	606,867	708,851
TOTAL ASSETS LESS CURRENT LIABILITIES		502,415	107,474	609,889	711,601
NET ASSETS		502,415	107,474	609,889	711,601
FUNDS	16				
Unrestricted funds				502,415	495,052
Restricted funds				107,474	216,549
TOTAL FUNDS				609,889	711,601

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for
(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

BALANCE SHEET - continued
31 March 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ....6/12/2025.... and were signed on its behalf by:

....
I R Ayres - Trustee

I R Ayres - Trustee

The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

CASH FLOW STATEMENT
for the year ended 31 March 2025

	Notes	2025 £	2024 £
Cash flows from operating activities			
Cash generated from operations	1	(190,385)	16,505
Net cash (used in)/provided by operating activities		(190,385)	16,505
Cash flows from investing activities			
Purchase of tangible fixed assets		(1,416)	(1,852)
Interest received		20,540	15,887
Net cash provided by investing activities		19,124	14,035
Change in cash and cash equivalents in the reporting period		(171,261)	30,540
Cash and cash equivalents at the beginning of the reporting period		742,676	712,136
Cash and cash equivalents at the end of the reporting period		571,415	742,676

The notes form part of these financial statements

NOTES TO THE CASH FLOW STATEMENT
for the year ended 31 March 2025

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025 £	2024 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(101,712)	16,391
Adjustments for:		
Depreciation charges	1,144	1,353
Interest received	(20,540)	(15,887)
Decrease/(increase) in stocks	2,415	(7,503)
(Increase)/decrease in debtors	(55,019)	7,184
(Decrease)/increase in creditors	(16,673)	14,967
Net cash (used in)/provided by operations	(190,385)	16,505

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.24 £	Cash flow £	At 31.3.25 £
Net cash			
Cash at bank	742,676	(171,261)	571,415
	742,676	(171,261)	571,415
Total	742,676	(171,261)	571,415

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds
These comprise fundraising and marketing expenditure. Charitable activities expenditure includes services to beneficiaries.

Governance costs
Comprise the costs of compliance and organisational administration, constitutional and statutory requirements and include independent reviewer’s cost and legal and professional fees.

Allocation and apportionment of costs
Costs of generating funds comprise fundraising and marketing expenditure.

Charitable activities expenditure includes services to beneficiaries.

Support costs include those costs connected with the management of the charity's assets, organisational management and administration and compliance with constitutional and statutory requirements.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 25% on cost
Computer equipment - 25% on cost

The charity does not capitalise smaller assets of less than £500. These are included in the Statement of Financial Activities when incurred.

Stocks
Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation
The charity is exempt from corporation tax on its charitable activities.

continued...

1. ACCOUNTING POLICIES - continued

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Leasing commitments
Rentals paid under operating leases are charged to the statement of financial activities on a straight line basis over the period of the lease.

2. DONATIONS AND LEGACIES

	2025 £	2024 £
Donations	176,673	196,827
Gift aid	89,656	21,482
Grants	182,359	299,937
	448,688	518,246

continued...

2. DONATIONS AND LEGACIES - continued

Grants received, included in the above, are as follows:

	2025 £	2024 £
BBC Children In Need	30,000	30,000
Basil Samuel Charitable Trust	-	10,000
Big Lottery	-	74,743
Vandervell Foundation	-	1,000
D'Oyly Carte Charitable Trust	4,000	-
William Allen Young Charitable Trust	3,000	2,000
Hofmeyr Family	-	135,000
Sir Jules Thorn Charitable Trust	-	3,000
Masonic Charitable Foundation	-	5,000
Marsh Charitable Trust	800	700
The National Lottery Community Fund - Awards for All Wales	-	16,818
The National Lottery Community Fund - Awards for All England	19,175	-
Michael Cornish Charitable Trust	-	3,200
Angus Lawson Memorial Trust	19,915	15,393
TCLF	-	2,000
WCC grant	-	684
Forvis Mazars Foundation UK	7,753	399
The National Lottery Community Fund – RC England Wide	85,916	-
De Brye Charitable Trust	3,000	-
Hospital Saturday Fund	2,000	-
RSA Match funding	300	-
Miller Homes	1,000	-
Florence Turner Trust	500	-
CHK Foundation	5,000	-
	182,359	299,937

3. OTHER TRADING ACTIVITIES

	2025 £	2024 £
Fundraising events	82,110	58,343
Sales	13,757	14,517
Webinars	1,865	1,920
Training income	16,323	16,375
Fest income	15,860	14,330
	129,915	105,485

4. INVESTMENT INCOME

	2025 £	2024 £
Deposit account interest	20,540	15,887

5. RAISING FUNDS

Raising donations and legacies

	2025 £	2024 £
Fundraising costs	37,333	35,260

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Tourettes Support	585,141	78,381	663,522

7. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Tourettes Support	70,229	432	7,720	78,381

Support costs, included in the above, are as follows:

Management

	2025 Tourettes Support £	2024 Total activities £
Premises expenses	13,800	13,800
Insurance	2,669	1,896
Telephone	1,788	1,694
Postage and stationery	2,977	1,747
Travel & Subsistence	19,315	15,302
Website costs	1,457	1,530
Computer expenses	23,066	17,673
General repairs & renewals	721	549
Subscriptions	3,292	1,693
Depreciation of tangible assets	1,144	1,353
	70,229	57,237

continued...

7. SUPPORT COSTS - continued

Finance

	2025 Tourettes Support £	2024 Total activities £
Bank charges	432	459

Governance costs

	2025 Tourettes Support £	2024 Total activities £
Board meeting costs	2,240	2,122
Independent examination	5,480	5,200
	7,720	7,322

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025 £	2024 £
Depreciation - owned assets	1,144	1,353

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Board meeting travel costs were reimbursed to the following Trustees

	2025 £	2024 £
F Peckitt	106	-
E Joyce	72	-
T Murphy	109	-
	287	-

continued...

10. STAFF COSTS

	2025 £	2024 £
Wages and salaries	345,247	309,833
Social security costs	23,642	21,270
Other pension costs	11,543	8,410
	380,432	339,513

The average monthly number of employees during the year was as follows:

	2025	2024
Management, administration & counsellors	16	14

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2025	2024
£60,001 - £70,000	1	1

Staff costs have been restated to show recruitment and other staff costs as a separate expense.

The key management personnel of the charity are the trustees and chief executive. The total employment costs of key management personnel total £67,750 (2024: £64,464)

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	283,475	234,771	518,246
Other trading activities	104,609	876	105,485
Investment income	15,887	-	15,887
Total	403,971	235,647	639,618
EXPENDITURE ON			
Raising funds	31,752	3,508	35,260
Charitable activities			
Tourettes Support	352,641	235,326	587,967
Total	384,393	238,834	623,227
NET INCOME/(EXPENDITURE)	19,578	(3,187)	16,391
Transfers between funds	651	(651)	-
Net movement in funds	20,229	(3,838)	16,391

continued...

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	474,823	220,387	695,210
TOTAL FUNDS CARRIED FORWARD	495,052	216,549	711,601

12. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 April 2024	1,732	47,502	49,234
Additions	-	1,416	1,416
At 31 March 2025	1,732	48,918	50,650
DEPRECIATION			
At 1 April 2024	1,732	44,752	46,484
Charge for year	-	1,144	1,144
At 31 March 2025	1,732	45,896	47,628
NET BOOK VALUE			
At 31 March 2025	-	3,022	3,022
At 31 March 2024	-	2,750	2,750

13. STOCKS

	2025 £	2024 £
Stocks	11,145	13,560

continued...

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade debtors	915	800
Other debtors	17,809	5,040
Prepayments and accrued income	53,000	10,865
	71,724	16,705

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade creditors	2,188	17,903
Social security and other taxes	5,258	6,815
Accruals and deferred income	39,971	39,372
	47,417	64,090

16. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	495,052	7,363	502,415
Restricted funds			
Daniel Katz	14,009	(1,974)	12,035
A4A Wales	16,518	(16,518)	-
Kent Group	228	-	228
Community Foundation for Surrey	711	728	1,439
West Midlands Group	1,006	(195)	811
TEENfest	7,393	(7,393)	-
A4A Tourettes Champions	2,408	(251)	2,157
TICfest	1,001	(1,001)	-
Sussex Group	707	-	707
Music Therapy Charity Trust	3,840	(3,840)	-
Cycling Jerseys	784	-	784
Adult Fests	4,659	341	5,000
New groups	4,146	(481)	3,665
Training Angus Lawson	2,000	14,265	16,265
Hofmeyr Campaigning	18,379	(18,379)	-
Hofmeyr 2023 Fest	10,219	(108)	10,111
Hofmeyr 2024 Fest	83,635	(54,171)	29,464
Hofmeyr 2024 Campaigning	44,906	(44,906)	-
Helpdesk	-	24,808	24,808
	216,549	(109,075)	107,474
TOTAL FUNDS	711,601	(101,712)	609,889

continued...

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	393,802	(386,439)	7,363
Restricted funds			
Daniel Katz	-	(1,974)	(1,974)
BBC Children In Need	30,000	(30,000)	-
A4A Wales	-	(16,518)	(16,518)
Community Foundation for Surrey	960	(232)	728
West Midlands Group	-	(195)	(195)
TNL Community Fund	85,916	(85,916)	-
TEENfest	753	(8,146)	(7,393)
A4A Tourettes Champions	-	(251)	(251)
TICfest	10,165	(11,166)	(1,001)
Music Therapy Charity Trust	-	(3,840)	(3,840)
Adult Fests	-	341	341
New groups	-	(481)	(481)
Training Angus Lawson	19,915	(5,650)	14,265
Hofmeyr Campaigning	-	(18,379)	(18,379)
Hofmeyr 2023 Fest	-	(108)	(108)
Hofmeyr 2024 Fest	-	(54,171)	(54,171)
Hofmeyr 2024 Campaigning	-	(44,906)	(44,906)
Helpdesk	38,457	(13,649)	24,808
A4A Adult Fest	19,175	(19,175)	-
	205,341	(314,416)	(109,075)
TOTAL FUNDS	599,143	(700,855)	(101,712)

continued...

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General fund	474,823	19,578	651	495,052
Restricted funds				
Daniel Katz	15,430	(1,421)	-	14,009
BBC Children In Need	1,000	(1,000)	-	-
NE Group	854	(854)	-	-
James Tudor Trust	651	-	(651)	-
A4A Wales	5,777	10,741	-	16,518
Kent Group	394	(166)	-	228
Community Foundation for Surrey	125	586	-	711
Doris Field Charitable Trust	1,165	-	(1,165)	-
West Midlands Group	459	547	-	1,006
Hull Group	39	(39)	-	-
Essex group	1,080	(1,080)	-	-
TEENfest	5,359	10,034	(8,000)	7,393
A4A Tourettes Champions	6,200	(3,792)	-	2,408
TICfest	1,727	(726)	-	1,001
Sussex Group	707	-	-	707
Music Therapy Charity Trust	7,932	(4,092)	-	3,840
Hofmeyr 2022	160,503	(7,124)	(135,000)	18,379
Cycling Jerseys	784	-	-	784
Adult Fests	3,447	1,212	-	4,659
Accredited CPD Training	5,384	(5,384)	-	-
New groups	1,370	1,611	1,165	4,146
Training Angus Lawson	-	(6,000)	8,000	2,000
Hofmeyr Campaigning	-	(5,094)	50,000	44,906
Hofmeyr 2023 Fest	-	(74,781)	85,000	10,219
Hofmeyr 2024 Fest	-	83,635	-	83,635
	220,387	(3,187)	(651)	216,549
TOTAL FUNDS	695,210	16,391	-	711,601

continued...

16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	403,971	(384,393)	19,578
Restricted funds			
Daniel Katz	-	(1,421)	(1,421)
BBC Children In Need	30,000	(31,000)	(1,000)
NE Group	-	(854)	(854)
A4A Wales	16,818	(6,077)	10,741
Kent Group	-	(166)	(166)
Community Foundation for Surrey	713	(127)	586
West Midlands Group	847	(300)	547
Hull Group	-	(39)	(39)
Essex group	-	(1,080)	(1,080)
TNL Community Fund	59,243	(59,243)	-
TNL Adult Weekends	15,500	(15,500)	-
TEENfest	22,393	(12,359)	10,034
A4A Tourettes Champions	-	(3,792)	(3,792)
TICfest	3,200	(3,926)	(726)
Music Therapy Charity Trust	-	(4,092)	(4,092)
Hofmeyr 2022	-	(7,124)	(7,124)
Adult Fests	-	1,212	1,212
Accredited CPD Training	-	(5,384)	(5,384)
New groups	1,933	(322)	1,611
Training Angus Lawson	-	(6,000)	(6,000)
Hofmeyr Campaigning	-	(5,094)	(5,094)
Hofmeyr 2023 Fest	-	(74,781)	(74,781)
Hofmeyr 2024 Fest	85,000	(1,365)	83,635
	235,647	(238,834)	(3,187)
TOTAL FUNDS	639,618	(623,227)	16,391

continued...

16. MOVEMENT IN FUNDS - continued

Daniel Katz	- Providing grants to improve the quality of life for people living with Tourette - syndrome
BBC Children in Need	- Part of a multi year grant to support TICfest
NE Group	- To ensure that Tourettes Action's support is accessible to people living in the North East
Awards for All Wales	- Workshops in Wales
Kent Group	- Funds for the support of people living in Kent with Tourette syndrome
Community Foundation for Surrey	- Contribution towards work to support people with Tourette syndrome living in Surrey
Doris Field charitable Trust	- Contribution towards work to support people with Tourette syndrome living in Oxfordshire
Hull Group	- To ensure that Tourettes Action's support is accessible to people living in Hull
West Midlands Group	- To ensure that Tourettes Action's support is accessible to people living in West Midlands
Essex group	To ensure that Tourettes Action's support is accessible to people living in Essex
The National Lottery	- National Lottery grant to fund a range of activities
TEENfest	- Residential weekends for teens with Tourettes syndrome
A4A Tourette’s Champions	- Funding for the TS Champion programme
TICfest	- Residential weekends for children with Tourette's and their families
Adult Fests	- Residential weekends for adults with Tourette’s
Sussex Group	- To ensure that Tourettes Action's support is accessible to people living in Sussex
Music therapy	- Music therapy project to support people with Tourette syndrome
Hofmeyr	- To support the planning and running of TICfests and public and political campaigning
New Groups	To ensure that Tourettes Action's support is accessible to people in various locations
Cycling Jerseys	- Donation to fund cycling jerseys for fundraisers
TNL Community Fund	- 5 year grant to support a range of activities to support people with Tourette syndrome and those around them
Angus Lawson Training	- To support annual TEENfest, delivery of training to 40 schools/educational establishments where children and young people are in need of support and updating online resources available to all
Help desk	- Funding given to support the running of Tourettes Action's helpdesk that offers confidential and impartial support to those living with Tourettes syndrome, their friends and family as well as others seeking information such as teachers and employers

continued...

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

18. DESIGNATED FUNDS

The Trustees have designated specific funding totalling (£160,000) to cover the following areas of expenditure in the short to medium term. These designated reserves will ensure we can provide continuity in meeting the charity's objectives in supporting people with Tourettes Syndrome for at least the next 12 months. The areas covered are: -

Provision of helpdesk and support services for a 12-month period

Support in education for children and teenagers with TS in schools, and supporting adults with TS in the workplace for a 12-month period

A website upgrade, with associated IT infrastructure updates and improvements

A provision for follow on expenditure on any research projects already supported by the charity

19. SHARE CAPITAL

The company is limited by guarantee and does not have a share capital.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	176,673	196,827
Gift aid	89,656	21,482
Grants	182,359	299,937
	448,688	518,246
Other trading activities		
Fundraising events	82,110	58,343
Sales	13,757	14,517
Webinars	1,865	1,920
Training income	16,323	16,375
Fest income	15,860	14,330
	129,915	105,485
Investment income		
Deposit account interest	20,540	15,887
Total incoming resources	599,143	639,618
EXPENDITURE		
Raising donations and legacies		
Fundraising costs	37,333	35,260
Charitable activities		
Wages	345,247	309,833
Social security	23,642	21,270
Pensions	11,543	8,410
Research	250	250
Workshops	105,938	114,051
Cost of Sales	13,738	9,899
Advocacy	474	616
Benevolent grants	1,974	1,421
Staff Recruitment & other costs	15,039	15,550
Publicity, PR & Advertising	66,096	41,649
Exhibitions	1,200	-
	585,141	522,949
Support costs		

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2025

	2025 £	2024 £
Support costs		
Management		
Premises expenses	13,800	13,800
Insurance	2,669	1,896
Telephone	1,788	1,694
Postage and stationery	2,977	1,747
Travel & Subsistence	19,315	15,302
Website costs	1,457	1,530
Computer expenses	23,066	17,673
General repairs & renewals	721	549
Subscriptions	3,292	1,693
Fixtures and fittings	-	6
Computer equipment	1,144	1,347
	70,229	57,237
Finance		
Bank charges	432	459
Governance costs		
Board meeting costs	2,240	2,122
Independent examination	5,480	5,200
	7,720	7,322
Total resources expended	700,855	623,227
Net (expenditure)/income	(101,712)	16,391